



MESSAGE FROM THE MODERATOR

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Spring has sprung! I hope you are all enjoying this crazy weather we are having. I was excited to see as many of you as there were at the April JCF meeting. Thank you for taking time out of your busy schedules to attend. I am beyond thrilled at the level of support that we continue to see. You all have really set the bar high for services provided to our Service Members and their Families. You all are making an impact in their lives and I personally do not know what I would do without you!

Thank you to all of the presenters that were able to take time out of their day to provide us with some additional great resources. The VA panel discussion was a hit and I really need to thank David Francavilla for his assistance in putting that together. Since the VA panel discussion, I know I have utilized the resources shared on more than a handful of occasions. It is my goal to try and facilitate something like that at least once a year. Now that we have that experience under our belt we will only continue to make it better.

I hope you all have received the new updated schedule for the Networking meetings. They are located throughout the state of Colorado. I am really excited to get into the communities and continue to meet other non-profit organizations. I am constantly looking for ways to grow and excel more than we were yesterday! The next networking meeting will be held in Loveland at the Residence Inn on Thursday, May 18, 2017 from 9:00-12:00.

Continue to send me your referrals for JCF. I would love to meet them, vet them, and invite them to one of our next upcoming meetings. Remember, there are over 636 non-profit organizations out there that support the military and would love to learn more about them!

As a friendly reminder, send either myself or Laine (Laine.a.dennison.ctr@mail.mil) your flyers and brochures for upcoming events. Between Denise, Laine, and myself, we will be sure to get that information out to everyone. I like to always say, this program is YOUR program and I want to make this what you want it to be! I am looking forward to the rest of 2017 and what lies ahead for us.

Sincerely,
 Suzanne Buemi
 Joining Community Forces Liaison
 Contractor, Colorado National Guard

POINT OF CONTACT

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IMPORTANT UPCOMING DATES

Quarterly JCF Meeting	Networking Meetings
Wednesday, July 19, 2017	May 18—Loveland, CO
Holiday Inn Express-Castle Rock	June 15—Pueblo, CO
610 Genoa Way	August 17—Boulder, CO
Castle Rock, CO 80109	September 21—CO Springs, CO
303-668-0888	All meetings are currently scheduled from 9am-12pm.

APRIL'S PRESENTATION HIGHLIGHTS

WARRIORS4WIRELESS

Veterans possess many of the traits desirable to employers:

- Loyalty
- Team work
- Leadership
- Diversity and inclusion
- Technology and globalization
- Communicative
- Perform under pressure
- Conscious of health and safety
- Accelerated learning curve

Warriors4Wireless strives to maximize on these desirable

- Broadband technician course

WE RECRUIT. WE TRAIN. WE PLACE.

traits and further train Veterans for careers in Telecom. The goal is to bridge the gap between demand for trained and deployable wireless technicians, providing training, advanced certification, and transitional support.

Four programs are currently available:

- Tower technician course

- Combined broadband and tower tech course
- Project Management Training

The process consists of six steps:

- Apply online
- Talk to a recruiter
- Interview—Online or in-person

>95% JOB PLACEMENT RATE FOR VETERANS



- Register for a class
- Attend courses...graduate with certificate
- Receive placement in a position (Every Vet who completes the program is guaranteed an interview)

IZZY ABBASS

National Director

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VALOR BRIDGE—POST-MILITARY LEADERSHIP DEVELOPMENT

Valor Bridge provides education and curriculum focused on transitional skills, including resources, networking opportunities, and a partnership of coaching and learning. This training includes 10-15 classes taught by national professionals over six weeks. Participants are also paired with an executive-level mentor who provides one-on-one support.

The program consists of three phases:

1. Introduction to purpose reinvention, skill set transitions, and business organization
2. Purpose reinvention continued, emotional intelligence and communication skills, and introduction to career strategies

THE BIG THREE

- Veterans are not looking for a handout—they are looking for an opportunity.
- Veterans really are a national asset, not a national problem.
- Veterans will provide the leadership backbone of the next generation.

3. Mentor integration, career strategies, business coaching, networking, and launch of career strategies

MISSION

To honor our Veterans through a continuous program of education, community, and mentorship that develops motivated individuals into long-lasting, impactful, and significant leaders in the private sector.

The following key components are critical to the program's success:

- Translating military skillsets
- Personality profiling—understanding your own and others'

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Executive Board Member

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- Identifying strengths
- Personal branding, resume building, and digital media
- Interviewing and salary negotiations
- Effective networking

APRIL'S PRESENTATION HIGHLIGHTS

THE INDEPENDENCE CENTER AND AGENCY ON AGING

Both of these organizations offer a VD-HCBS (Veteran directed home & community based services) program. This Veteran-directed care is part of the VHA standard medical benefits package. The program provides eligible Veterans of all ages the opportunity to self-direct the services they need in their home and community with a flexible budget determined by the VA. With self-directed care, Veterans benefit from the following perks:

- Deciding for themselves what

HOW TO ENROLL

1. Apply for VA Healthcare
2. Talk with a VA Social Worker
3. Call the VD-HCBS Coordinator at the VA:

Brigitte Lee, LCSW

303-399-8020 x4557

services will best meet their needs

- Hiring their own personal care aides, which can include

family, friends, or neighbors

- Managing a flexible, individual budget
- Purchasing items or

services needed to live independently in the community

In order to qualify for VD-HCBS, a Veteran must meet the following criteria:

- Enrolled in the VA health care system
- Live in the appropriate service area (counties listed for respective organizations)
- Able to direct their own care or designate an authorized representative who can act on the Veteran's behalf

AREA AGENCY ON AGING

Helps older people, those living with disabilities and their caregivers by providing quality services, leadership, advocacy and planning for future needs

303-480-6755

<https://drcog.org>

Serves the following counties:

Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin, and Jefferson

THE INDEPENDENCE CENTER

Working with people with disabilities, their families, and the community, we create independence so that all may thrive.

719-471-8181

www.theindependencecenter.org

Serves the following counties:

Elbert, El Paso, Cheyenne, Kit Carson, Lincoln, Park, and Teller

HARMONY'S HEART COACHING

Harmony's Heart is a participant in The Wind Rider Project, which was created for Veterans, Active Service Members, and First Responders living with Post Traumatic Stress. The coaches, Glenn Weissel and Ashara Morris, utilize the Equine Gestalt Coaching Method to foster personal development and life transformation. The Human-Horse interaction offered through interactive, therapeutic

MISSION

To help people heal their invisible wounds

ground work allows a non-threatening, integrative experience, which can offer the following benefits:

- Reducing stress
- Letting go of guilt, shame, and similar feelings
- Completing unfinished business
- Exploring the inner journey

- Learning how to heal wounds, leading to a more enriched life with loved ones, friends, and ourselves

Harmony's Heart encourages people to embrace L-O-V-E: Listen, Observe, Value, and Explore and create their L-I-F-E: Learn, Improve, Focus, and Experiment.

Private coaching sessions and group workshops are available.

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APRIL'S PRESENTATION HIGHLIGHTS
VA PANEL—VETERANS EXPERIENCE OFFICE



VA benefits can be split into three categories: Health Care, Benefits, and Burials/Memorials. Although these are excellent benefits for Veterans, connecting with an individual to ask questions is often a concern. To help solve this issue, the VA has developed a hotline through which Veterans and families can receive assistance:

1-844-MyVA311.

This 24/7 one-stop information platform for all VA services is just one step in a larger effort to modernize VA contact centers so Veterans have a seamless, positive experience when reaching out to the VA.

 <p>Pharmacy</p> <p>Refill your VA prescriptions, track delivery, view a list of your VA medications with instructions and other details.</p>	 <p>Appointments</p> <p>Keep track of your upcoming VA medical appointments and get email reminders.</p>	 <p>Messages</p> <p>Communicate securely online with your VA health care team and other VA staff about non-emergency information or questions.</p>	 <p>Health Records</p> <p>View, print, or download a copy of your VA medical record information, or enter your own health information.</p>
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Another service offered by the VA is My Health-e-Vet. With this feature, users enjoy many self-service functions:

- Customize and download a report (as a PDF or text file) to share with your VA and non-VA providers
- Print a report or

summary to take a copy to your next appointment

- Send an electronic version of your self-entered information in Secure Message to your VA health care team
- Build your Personal Health Record (PHR) by self-entering your personal infor-

mation or data that you have tracked—health history, emergency contacts, medications, diet, physical activity, vital signs, etc.

- Use online prescription tools to manage medicines
- Keep track of appointments

WWW.MYHEALTH.VA.GOV

IT'S YOUR CALL

Confidential help for Veterans and their families

Veterans Crisis Line
 1-800-273-8255 **PRESS 1**

Confidential chat at VeteransCrisisLine.net

UPCOMING EVENTS

ARMY COMMUNITY SERVICE @ FORT CARSON

VISIT [WWW.CARSON.ARMY.MIL/ACS](http://www.carson.army.mil/acs) OR CALL 719-526-4590 FOR MORE INFORMATION

Army 101—Learn the basics of Army family life, including military terms, community resources, a tour, and lunch

Offered 4 times annually: **March 2, June 1, September 7, or December 7**—8:30am-1:30pm

5 Love Languages—Learn how to better communicate with your partner

Offered on 4 separate dates: **May 11, July 13, September 14, or November 9**—9am-12pm

PEAK MILITARY CARE NETWORK—LET’S GET BUDGETING, BABY

RSVP AT [HTTP://BIT.LY/2P1BP30](http://bit.ly/2P1BP30)

When: May15, 4pm-6pm

Where: Southeast Armed Services YMCA (2190 Jet Wing Drive, Colorado Springs, CO 80916)

Who: Military Service Members, Veterans, and Spouses who are expecting or are new parents

What: Financial preparedness for parents of new babies

Strategies for finding affordable childcare

Resources from the community for military families

OPERATION ONE NATION—VETERANS LISTENING TO VETERANS QUESTIONS? CALL DON AT 303-888-3916

Operation One Nation is hosting a free support group for Service Members, Veterans, and Families where a lending ear and compassionate understanding by those who have overcome post-traumatic stress can help you overcome the negative impacts of emptiness and loss.

When: Wednesdays from 7pm-8pm

Where: 6535 S Dayton St, Suite 1950, Greenwood Village, CO 80111

UPCOMING FUNDRAISERS FOR OUR COMMUNITY PARTNERS HELP SUPPORT OUR FELLOW MILITARY PROVIDERS!

Healing Warriors Program

Dinner, open bar, live and silent auction, fun games, fabulous prizes, and more!

When: Saturday, May 20, 5pm-9pm

Where: Block One Events, 428 Linden St, Fort Collins, CO 80524

Cost: \$65 single, \$120 couple

Harmony’s Heart, LLC.

An evening of food, fun, live music, and dancing!

When: July 15

Where: 4685 County Road 106, Elbert, CO 80106

Cost: \$55/person, \$100/couple

UPCOMING EVENTS

HEALING WARRIORS

VISIT [HTTP://HEALINGWARRIORSPROGRAM.ORG](http://HEALINGWARRIORSPROGRAM.ORG) OR CALL 970-776-VETS FOR MORE INFORMATION

Healing Warriors is offering free monthly clinics providing non-narcotic therapy for pain and post-traumatic stress, open to all Service members and Families (please provide military ID or DD 214). Refreshments are provided. Location in Longmont coming soon!

9am-1pm, 2nd Saturday of each month—May 13, June 10...

Denver—VFW Post 1, 841 Santa Fe Drive, 80204

CO Springs—National American University, 1915 Jamboree Dr #185, 80920

- Acupuncture
- Cranio-sacral Therapy
- Healing Touch Therapy



JOINING COMMUNITY FORCES NETWORKING SERIES SCHEDULE 2017

May 18	May 18—Loveland, CO
June 15	RSVP at https://www.surveymonkey.com/r/JCFMAY2017RSVP
Aug 17	Residence Inn by Marriott
Sep 21	5450 McWhinney Blvd, Loveland, CO 80538
Nov 16	June 15—Pueblo, CO
	Center for American Values
	101 S Main St, Pueblo, CO 81003

All Networking Series events will be held from 9am-noon in their respective locations.



JOINING FORCES
TAKING ACTION TO SERVE
AMERICA'S MILITARY FAMILIES

JOINING COMMUNITY FORCES QUARTERLY MEETING SCHEDULE 2017

- January 18, 2017
- April 19, 2017
- July 19, 2017
- October 18, 2017

All quarterly JCF meetings are currently held at the Holiday Inn Express—Castle Rock.



Interested in presenting your organization to JCF?

Slots are available on a first-come, first-served basis.

Contact **Suzanne Buemi** by **June 15** to present at our July meeting.

suzanne.m.buemi.ctr@mail.mil

720-250-1186

JCF ATTENDANCE ROSTER

Thank you to all who attended April's JCF Meeting!

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Roslyn Beall, Phoenix Multisport	719-232-3399	roslyn@phoenixmultisport.org
Julia Beems, Assistive Technology Partners	303-315-1284	julia.beems@ucdenver.edu
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Nena Gardner, Family Readiness (COARNG)	720-250-2772	nenaf.gardner.ctr@mail.mil
Courtenay Giampaolo, Vets Community Living Center	720-857-6420	courtenay.giampaolo@state.co.us
Jim Girlando, Personal Financial Counselor	719-600-9835	pfc4.co.ng@zeiders.com
Yolanda Greer, Denver Regional Council (DRCOG)	303-265-6826	ygreer@drcog.org
John Griego, U.S. Senator Michael Bennet	719-328-1100	john_griego@bennet.senate.gov
Curtis Hanock, Colorado Office of Behavioral Health	303-866-7503	curtis.hanock@state.co.us
Amber Hargrave, Mt Carmel Center of Excellence	719-216-7768	ahargrave@mtcarmelcenter.org
Denise Harris, Family Assistance Buckley AFB	720-250-1963	denise.r.harris10.ctr@mail.mil

JCF ATTENDANCE ROSTER

Thank you to all who attended April's JCF Meeting!

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Glenn Weissel, Harmony's Heart, LLC	303-327-9073	glenn@harmonysheartcoaching.com

JCF ATTENDANCE ROSTER

Thank you to all who attended April's JCF Meeting!

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