

#### MESSAGE FROM THE MODERATOR

#### **INSIDE THIS ISSUE**

VETERAN COMMUNITY LIVING CENTER— FITZSIMONS	2
MARCUS INSTITUTE	2
JEFFERSON COUNTY VSO	3
COHEN CENTER	3
VICTORY SERVICE DOGS	3
CSU PUEBLO MILITARY & VETERAN SUCCESS CENTER	4
EDUCATION AND EMPLOYMENT	4
ATTENDANCE ROSTER	6 - 7

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I hope that this letter finds you all doing well. The year has started off fast and furious, but I suppose that should be considered the new normal these days. January has already proved to be fruitful and I hope that we can anticipate the rest of the year to be just the same.

I would like to thank all of those who attended our January meeting. I do hope you, for those who could attend, were able to benefit from the meeting and were able to learn more about the different non-profits and their expertise. I also want to thank those who presented. I know that your time is valuable and I appreciate that you are willing to share your time with us. I received an overwhelming amount of response for those who would have liked to present in January and I appreciate that enthusiasm. I have added those who could not present in January to April's agenda and look forward to hearing from them. In January we met some additional great resources and developed some wonderful new partnerships, I look forward to continuing that momentum throughout the year.

2018 proved to be a successful year for us. We have a total of 209 non-profit agencies, 359 individual providers with a total growth of 19%. As these numbers show, we did an excellent job working toward our 2018 goal.

As I forecast 2019 and its potential goals, I would like to share one of my goals with you. It would be amazing to continue to grow our list of partners and I would love to see that growth reach 20% or more. We will continue to look for non-profit organizations that offer no cost-low cost services to our military members and their loved ones. Should you have any you think would be a good fit, I would love to meet them and vet them in an effort to add them to our JCF network.

It is that time of year for us to put together the 2019 resource guide. I sent out the survey link for you to fill out with your organization's information. Please take just a couple of seconds to fill it out as we will use that form to help us create the 2019 guide (https://www.surveymonkey.com/r/2019Directory). I will have the new guide ready for you by the April meeting. We hope to fill the book full of excellent resources for all of us to use as we provide assistance to our clients. Once we complete the resource guide it will also be available electronically and will be found on the JCF website at www.coloradoicf.org

As a friendly reminder, send either myself or Laine (Laine.a.dennison.ctr@mail.mil) your flyers and brochures for upcoming events. Between Laine and myself, we will be sure to distribute that information out to everyone, put it on the website and social media. I like to always say, this program is YOUR program and I want to make this what YOU want it to be!

Sincerely,

Suzanne Buemi Family Assistance Coordinator, SRI Contractor Colorado National Guard Joining Community Forces Liaison

#### IMPORTANT UPCOMING DATES

Quarterly JCF Meeting

Wednesday, April 17, 2019

Holiday Inn Express-Castle Rock, 610 Genoa Way, Castle Rock, CO 80109

All meetings are currently scheduled from 9am-12pm.

#### JANUARY'S PRESENTATION HIGHLIGHTS

#### VETERANS COMMUNITY LIVING CENTER AT FITZSIMONS

The Veterans community Living Center at Fitzsimons serves only veterans, veterans' spouses and Gold Star Parents, creating a unique atmosphere among our residents. Residents enjoy camaraderie with other veterans and respect from staff and volunteers, who value the contributions these service men, women and their families have made to our country.

We strive to ensure that nursing staff

coverage meets the needs of our residents. According to data reported by Medicare's Nursing Home Compare website, Colorado's Veterans Community Living Centers have consistently exceeded national averages for the number of registered nurse staff hours per resident per day.

Our facility is modeled after a Colorado Ski Lodge with two floors and four neighborhoods: Patriot, Constitution, Eagle and Heritage. Our spacious rooms are semi-private with cable television, large bay windows, and individual temperature controls in ever unity. We have many secured outdoor spaces for residents and families to enjoy.

#### **ASHLEY HERSEY**

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#### MARCUS INSTITUTE FOR BRAIN HEALTH

#### DELIVERING COMPREHENSIVE CARE, CONDUCT FOCUSED RESEARCH, AND EXPERT KNOWLEDGE

The Marcus Institute for Brain Health (MIBH) provides exceptional care for people with mild to moderate brain injuries, including concussions, and changes in psychological health. The MIBH has specialty services for military Veterans with mild to moderate traumatic brain injuries (TBI) and post-traumatic stress (PTS), depression, and anxiety. We also serve retired athletes who have had head trauma and are in need of comprehensive care. The MIBH is located in the beautiful Anschutz Health and Wellness Center that is integrated into the University of Colorado Anschutz Medical Campus. Our passion to improve care extends beyond the CU campus or even the borders of Colorado.

#### Our Philosophy of Care

At the MIBH, our complete focus is to help you get better. People struggling with the persistent effects of mild to moderate brain injuries see changes in emotions, physical functioning, and thinking. These changes directly affect everyday life and impact how we see ourselves as well as relationships with family, friends, and co-workers. At the

#### MIBH THERAPIES

- Cognitive (Speech-Language)
   Therapy
- Physical Therapy
- Counseling & Psychological services
- Complimentary & Alternative Therapies

MIBH, we believe in wellness for you and for your loved ones. We encourage your family to participate in your care. Health and wellness extend to all parts

of your life, and we believe that with the right tools we can help make this your reality.

#### Why we exist

For many years, people struggled alone with mild to moderate brain injuries. Concussions have been misunderstood as "just a bump on the head." Today we know differently. There are clear changes in brain functioning after injury and for many people there are long-term changes. This is the reality for military Veterans who may also struggle with PTS, depression, and anxiety. Our retired athletes are faced with the possibility of sport-related brain changes. We know that treatment for TBIs and changes in psychological health requires a sophisticated healthcare team. The MIBH exists to fill this critical need for comprehensive, customized care.

#### Support our mission

There are many ways to get involved to support the MIBH. Whether you can provide time, gear, a helping hand or financial support, we can find a place for you.

#### SPENCER MILO

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#### JANUARY'S PRESENTATION HIGHLIGHTS

#### JEFFERSON COUNTY VSO

Jefferson County Veterans Services Office assists Jefferson County residents who served in the United States armed forces obtain any and all Veterans Administration (VA) benefits for which they may be eligible. There is no fee of any kind for our assistance.

#### **Employment Services for Veterans**

We know that it's not always easy to find a job after military service. The Jefferson County Business & Workforce Center works with you to utilize, promote, and expand upon your training, work ethic and skill sets to find you the perfect career. The Jefferson County Business & Workforce Center is charged with ensuring that all

eligible veterans are provided with maximum employment and training opportunities, with priority given to disabled veterans and veterans of the Vietnam-era.

#### BENEFIT ASSISTANCE

Veterans' compensation, Veterans'
pension, survivors' benefits, rehabilitation
and employment assistance, education
assistance, home loan guaranties, and life
insurance coverage.

Those services include, but are not limited to: registration, counseling, referral to supportive services, referral

to job openings, job development or training. Visit the Business & Workforce Center, Veterans page to view the veteran's orientation video, upcoming events and programs available to you.

#### DIANE RICCI

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#### PETER MORTARO

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#### STEVEN A. COHEN MILITARY FAMILY CLINIC

#### MATT WITTENCAMP

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https://www.cohenveteransnetwork.org

The Steven A. Cohen Military Family Clinic University of Colorado Anschutz Medical

Campus provides confidential, compassionate and personalized mental health care to post-9-11 veterans and their family members.

Services are available regardless of discharge status, role while in uni-

form, combat experience, ability to pay or insurance. Evidenced-based treatments

and services are provided by culturallycompetent professionals trained to work with veterans and military families.

While the clinic is located in Greenwood Village, Colorado, care is available al-

#### VICTORY SERVICE DOGS

#### "Training the service dogs our veterans deserve and need through an affordable and therapeutic program."

We believe we are saving lives and providing second chances – for the human and the dog.

We offer continued support and resources from partner corporations for veteran activities dog sitting, dog grooming, veterinary care, and additional training if needed. We believe in an ongoing relationship with every person we bring into our family.

Our training is a client-based training program where the client and their service dog are both involved in training 100% of the time.

We offer continued support and resources for dog food and supplies, and additional training if needed. We believe in an ongoing relationship with every person we bring into our family.

Helping veterans achieve a full life of increased independence, purpose, and dignity through a partnership with a loving service companion.

For those who struggle with the effects of PTSD and other physical or psychological

challenges, achieving that desired quality of life can be difficult and frustrating. Victory Service Dogs believes our U.S. service members and veterans deserve to live lives of independence and dignity.

#### KENNY MORROW

(719) 394-4046

customerservice@victorysd.org

http://victorysd.org

#### JANUARY'S PRESENTATION HIGHLIGHTS

#### CSU PUEBLO MILITARY & VETERAN SUCCESS CENTER

Mission: To support all Veterans and Dependents with the transition to new opportunities with the completion of educational goals. This is done by ensuring VA benefits are being used to each students individual maximum potential. The MVSC also assists with the often difficult transition to civilian life and tries to provide help whenever possible.

We at the Military and Veteran Success Center pride ourselves in servicing the over 400 veteran, dependent, and active duty students on the CSU Pueblo campus • each semester. Our guarantee is to provide personalized service to assist with the completion of each student's desired academic program.

The MVSC is intended to act as transition

#### PRINCIPLES OF EXCELLENCE

- No aggressive, fraudulent, or false recruiting techniques.
- Accommodations for service requirements for military and reservists.
- Accurate academic advice through trained advisors for each degree plan.
- Sound financial advice for all students through our Financial Aid Office.
- Guaranteed accreditation of approved degrees.
- Refund policies align with Title IV, which governs the administration of federal student financial aid programs.

assistance for currently enrolled students. The MVSC office is meant to provide experience in an office setting. The move from military to civilian life can be arduous and we at the MVSC intend to make it as fluid a move as possible. That is why we have computers with free printing, free coffee, use of a kitchen, big screen TV, lounge area, and a textbook library for free checkout.

In addition to these guiding principles, our office also provides post-graduate employment connections. Through external community outreach projects, we build relationships with business leaders in Pueblo and across the state of Colorado. These relationships allow us to connect these leaders to our veteran,

719-549-2910

veteransuccess@csupueblo.edu

https://www.csupueblo.edu

#### BENJAMIN BUCKLAND

military, and dependent students.

### WARRIOR CARE EDUCATION AND EMPLOYMENT

#### AMBER HARGRAVE

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The Education and Employment Initiative (E2I) is a Department of Defense (DoD) program that assists wounded, ill and injured Service members early in their recovery process to identify their skills and match them with the education and career opportunities that will help them successfully transition to civilian life.

E2I is available to all wounded, ill, and injured Service members in all branches of the military Services, as well as all components of those Services - Active,

Guard and Reserve. If you are a wounded, ill, or injured Service member looking for an opportunity like this or are a Transition Coordinator and know of a wounded, ill or injured Service member who would benefit from E2I, please contact us at E2I.OSD@mail.mil or contact your E2I Regional Coordinator today!

Operation Warfighter (OWF) is a Department of Defense internship program that matches qualified wounded, ill and injured Service members with non-funded federal internships in order for them to gain valuable work experience during their recovery and rehabilitation. This process assists with the Service members' reintegration to duty, or transition into the civilian work environment where

they are able to employ their newly acquired skills in a non-military work setting.

If you are a wounded, ill or injured Service member looking for an opportunity like this or are a Transition Coordinator and know of a wounded, ill or injured Service member who would benefit from OWF, please contact us at OSD.OWF@mail.mil or contact your OWF Regional Coordinator today!



## JOINING COMMUNITY FORCES QUARTERLY MEETING SCHEDULE 2019

April 17, 2019

July 17, 2019

October 16, 2019

\*All quarterly JCF meetings are currently held at the Holiday Inn Express—Castle Rock: 610 Genoa Way, 80109.\*



### 2018 RESOURCE GUIDE DIGITAL VERSION

Looking for a copy of the 2018 Resource Guide? A digital copy can be found online, ready to download as a .pdf.

Visit <u>www.coloradojcf.org</u>, and click on the Resource Guide icon.

The photo to the right is hyperlinked to the .pdf copy, so, if you are viewing this newsletter in a digital format, click to view the full version online.

Resources can also be searched by category on our website. Check out the Resources by Category dropdown to select from any of these categories:

- Deployment Support
- Education
- Emergency Assistance





- Employment
- Family & Youth Support
- Financial Assistance
- Health and Wellness Programs
- Housing
- Legal Assistance
- Military Community Groups
- Transition Services
- Veterans Affairs

Interested in being in 2019 Resource
Directory? Submit your information here!
If you have any comments or suggestions to make next year's version better, don't hesitate to reach out to

Laine Dennison: 720-250-1193 or laine.a.dennison.ctr@mail.mil

#### Interested in presenting your organization to JCF?

Slots are available on a first-come, first-served basis.

Contact Suzanne Buemi to present at a future JCF meeting.

suzanne.m.buemi.ctr@mail.mil

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# JCF ATTENDANCE ROSTER

#### Thank you to all who attended January's JCF Meeting!

Benjamin Buckland, CSU Pueblo	719-549-2910	Veteransuccess@csupueblo.edu
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Shelley Poland, Healing Warriors Program	303-5226113	Spoland@healingwarriorsprogram.org
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Thomas Farrell	303-837-3810	Tom_farrell@bennet.senate.gov

# JCF ATTENDANCE ROSTER

#### Thank you to all who attended October's JCF Meeting!

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Joseph Ellis, 1st Judicial District Jefferson County Treatment Court	720-971-2476	Joseph.ellis@judicial.state.co.us
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