

Seeking Participants for Research Study:

Dear colleague,

Craig Hospital is seeking **individuals in the Colorado Springs area to participate** in a research study on self-advocacy after traumatic brain injury (TBI).

Project title: Self-Advocacy for Independent Life (SAIL) after TBI
Investigator: Lenore Hawley, MSSW, LCSW

Study Overview:

Aims of the study: (1) To study the effect of a program developed to facilitate self-advocacy for people with TBI and (2) to find out if this type of community-based group program will help people with TBI improve their self-advocacy by measuring their self-advocacy beliefs and behaviors, as well as their satisfaction with life and social participation.

Study Procedure:

- Sixteen participants from Colorado Springs area will be randomized, 50 percent to treatment, 50 percent to control
- All participants will undergo telephone assessments (self-report questionnaires regarding self-advocacy beliefs and behaviors, satisfaction with life, and participation) at baseline and three follow-up points
- All participants will receive a copy of a self-advocacy workbook
- Participants randomized to treatment will take part in four in-person treatment sessions in Colorado Springs over a six-week period along with two follow-up phone calls
- Participants randomized to the control group will not receive any treatment
- All participants will receive compensation for participation (\$130 for entire study)
- **We hope to start treatment sessions in Colorado Springs in June 2019**

Relevant INCLUSION CRITERIA

- English speaking
- 18 years of age or older
- At least 9 months post injury
- Received inpatient or outpatient TBI rehabilitation treatment
- Not currently participating in inpatient or outpatient rehabilitation treatment
- Able to travel independently in the community
- Able to attend local weekly group sessions

We can provide you with recruitment postcards to share with potential participants. Please contact us if you would like to receive some of these cards or if you have any questions:

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Thank you for your assistance helping us recruit for our research study!