

# Workshop Topics...

All classes held at the Fort Carson Education Center

DAY

1

## MILITARY AND COLLEGE LIFE

Understanding the Changes

Culture  
Student Veteran Differences  
Trends  
Leadership

College + Community Resources  
Visiting Campus  
Student Veteran Office  
Campus Activities

## ACADEMIC PLANNING

Academic Advisors / Counselors

Choose a Major  
Select & Register for Classes  
College Planning  
Dropping Classes

Know your Professor / School

Develop Relationships  
School's Rank & Accreditation  
Build Relationships with Classmates  
Online Classes

DAY

2

DAY

3

## BECOMING A LEARNER

Learning Styles

Critical Thinking  
Know Yourself and How You Learn  
Memory Skills  
Multi-Tasking

Communication

The Writing Process  
Writing Skills  
Public Speaking  
Slide Presentations

## EXAMS

Planning

Test Anxiety  
Preparation  
Strategies  
Healthy Living

SAT / ACT

Studying

Note Taking  
Studying  
Campus Resources  
Tutoring Services

DAY

4

DAY

5

## KEYS TO SUCCESS

You, the College Student

Time Management

Goal Setting  
Team Work  
Goal Setting

Attitude

Diversity  
Self Esteem  
Self Efficacy

## PAYING FOR COLLEGE

Your Money

Military Benefits  
Scholarships  
Grants  
Budgeting

Work Study Programs  
Completing FAFSA  
Federally Funded Loans  
Campus Finance Office

DAY

6

DAY

7

## POST ACADEMIC

Your Career

Master Program Choices

Career Center  
Networking  
Mentors  
Resume Building  
Internships

Researching Career Interests  
Leveraging Military Experience  
Dress for Success  
Organizational Culture  
Career Fairs

DAY

8

Doctoral Programs

Course Completion Certificate Provided



Veteran and Military Affairs

University of Colorado Colorado Springs

