



February is National Teen Dating Violence Awareness and Prevention Month. Teen Dating Violence is an issue that impacts everyone – not just teens – but their parents, teachers, friends and communities as well. Together, we can raise the nation’s awareness about teen dating violence and promote safe, healthy relationships.

This year’s theme is: “Talk About It.” Join us, not just this month – but year-round – as we work together to reduce risk and increase the protective factors year-round, making it less likely that our Team Buckley youth will be impacted. Everyone deserves relationships free from domestic violence.

To bring awareness to Teen Dating Violence Prevention and Awareness Month, Tuesday, 8 February 2022 is designated as “Wear Orange Day.” This is an opportunity to raise awareness about teen dating/domestic violence, as well as a way for people to show their commitment to promoting healthy relationships.

*If you or someone you know could benefit by speaking to someone, please contact:

- Buckley SFB Family Advocacy, 720-847-6453
- Military One Source, 800-342-9647 or www.militaryonesource.mil
- The National Dating Abuse Hotline, 866-331-9474 or text “loveis” to 77054
- check out resources on <https://www.loveisrespect.org/>
- call 9-1-1, in the event of an emergency



[DOWNTOWN DENVER RINK | WINTER IN THE CITY](https://www.winterindenver.com/rink)
<https://www.winterindenver.com/rink>

WHEN: Through February 20, 2022

WHERE: Skyline Park 1601 Arapahoe St, Denver, CO 80202 (next to the clocktower)
Bundle up for some free ice skating in the heart of downtown and enjoy special events.

Skating is free, ice skate rentals are \$8!

4TH GRADERS

Free skating and rentals are provided to ALL Colorado 4th graders at the Downtown Denver Rink at Skyline Park ALL SEASON LONG! Just show up and tell the cashier you are in the 4th grade and the skates are on us!

Buy-One Get-One Skate Rentals

Industry Night | Every Tuesday 3-5 PM

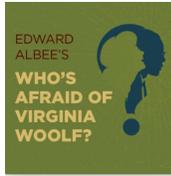
Buy one skate rental, get one free **when you bring your business card or work badge.**

101 Family Day Trips from Denver

<https://denver.kidsoutandabout.com/content/101-family-day-trips-denver>



https://www.denvercenter.org/tickets-events/? event_type=theatre-company



Active and retired military personnel and immediate families can save up to 20% on Theatre Company tickets when ordering online with promo code **BLUESTAR**. Otherwise, visit our box office an hour before a performance to receive 50% off Theatre Company tickets and on a case-by-case basis for select Broadway shows (based on availability). Tickets purchased online will be delivered as a pdf attached to an email receipt 10 days prior to performance date. **NOTE:** Tickets purchased in person may require an **ID**. Prices vary by show.



Denver Zoo is offering seven (7) Community Free Days throughout 2022 for anyone in our community. To provide the best experience for all of our guests, we are offering a limited number of tickets for each Free Day, using an online lottery system. Anyone who wants to attend a Free Day must register online during the open lottery period for a chance to obtain up to five (5) vouchers for its corresponding Free Day.

2022 FREE DAYS

Free Day tickets are only available through this system, so we no longer accept walk-ins on Free Days.

Friday, January 7

Saturday, January 22

Sunday, February 6

Sunday, April 10

Saturday, October 8

Tuesday, November 1

Sunday, November 13

NEXT LOTTERY PERIOD FOR FEBRUARY 6, 2022 FREE DAY

OPENS Tuesday, January 25

CLOSES Saturday, January 29

[ENTER NOW](#)

Our Free Day Lottery

Here's how to enter—and what to do next!

Step 1: Check the chart below for lottery open dates.

Step 2: During the 5-day lottery registration period, [click HERE](#) to enter the lottery.

Step 3: Winners will be notified by email, so check your inbox daily for your vouchers.

Step 4: If you win, you MUST click the link in the email to reserve your tickets and entry time.

Step 5: On your designated Free Day, bring your tickets to the Zoo—and have a great day!

THE FINE PRINT: You may register to win (5) free tickets per transaction. Limit one registration per person, per Free Day. Vouchers and tickets are available ONLINE ONLY. No tickets will be available at the Zoo gate. All guests must have a timed ticket for entry, including children 2 and under. Tickets are valid only for the specific Free Day and entry time you reserved.

2022 DENVER ZOO FREE DAYS

Key Dates for Lottery + Winner Notification

FREE DAY	LOTTERY OPENS	LOTTERY CLOSES	WINNERS NOTIFIED
Friday, January 7	Sunday, December 26	Thursday, December 30	Friday, December 31
Saturday, January 22	Monday, January 10	Friday, January 14	Saturday, January 15
Sunday, February 6	Tuesday, January 25	Saturday, January 29	Sunday, January 30
Sunday, April 10	Tuesday, March 29	Saturday, April 2	Sunday, April 3
Saturday, October 8	Monday, September 26	Friday, September 30	Saturday, October 1
Tuesday, November 1	Thursday, October 20	Monday, October 24	Tuesday, October 25
Sunday, November 13	Tuesday, November 1	Saturday, November 5	Sunday, November 6

Children's Museum of Denver at Marsico Campus



Enjoy FREE play the first Tuesday of each month, 4 p.m. to 8 p.m.

Children's Museum of Denver at Marsico Campus, 2121 Children's Museum, Dr., Denver, 303-433-7444

Hours: Mon, Thu & Fri, 9-4 / Wed, 9-7:30 / Sat & Sun, 10-5

Admission Prices: Under age 1, Free / Age 1, \$12 / Ages 2 - 59, \$14 / Seniors (60+), \$12 / Members, Free

First Friday Art Walks

The First Friday Art Walks are the signature event of Denver's Art District on Santa Fe.

The District comes alive as thousands descend upon the Santa Fe Drive, year-round, rain or shine, for the First Friday Art Walks from 5:30-9:30 p.m.

View art from hundreds of artists in galleries, studios, co-ops, upstairs, downstairs, in alleys, on the street—everywhere!



<https://denversartdistrict.org/first-friday>



Lowry Speaker Series Presents:

When The Box Doesn't Fit: Navigating the Education System with an Exceptional Child

Tuesday, Feb 8 @ 7:00 PM - 8:30 PM

Separately GG Johnston and Gregor Owens think differently; but together, they navigate the same path, advocating for each other. Their differences make them a strong, loving and sometimes feisty team. GG Johnston is a leadership development and organizational health expert who utilizes those skills to advocate for her son, Gregor, on his journey as a teenager and young adult with learning differences and a unique way of seeing the world. Gregor is twice exceptional and is learning to be a champion for himself on his educational journey. Join us for a discussion with this remarkable Lowry family.

This event is free and open to the public, but **RESERVATIONS ARE SUGGESTED.**

Register at <https://lowryfoundation.eventsmart.com/events/february8speakerseries/>

Face masks are required.

We will also stream the event live (<https://us02web.zoom.us/j/81392686109>) and a recording of the presentation will be available on The Lowry Foundation website after event.

NW Denver Toy Library in Edgewater Is Open to All



<https://www.milehighmamas.com/blog/2021/07/12/denver-toy-library/>

The Northwest Denver Toy Library is back in action! The free toy lending library is open Saturdays from 10-noon in its new Edgewater location: 2497 Fenton Street. Your littles can check out a whole array of items including educational toys, games, puzzles and costumes. It works just like checking out a library book and is free of charge. You do not need to be an Edgewater resident to enjoy this community gem; however, children must be accompanied by an adult.

Saturdays 10am-12pm

Virtual: Dungeons & Dragons for Beginners



Every Saturday through February from 1-2:30pm

<https://jeffcolibrary.bibliocommons.com/events/6196cd9bc5dbf94100426fb3>

Virtual: Dungeons & Dragons for Advanced Players



Every Saturday through February from 3:30-5pm

<https://jeffcolibrary.bibliocommons.com/events/6196cdfdf997403a004348d5>

Aurora Public Libraries

https://www.auroragov.org/things_to_do/aurora_public_library/programs__events

Babies and Toddlers - Literacy and Music play Groups / Weekly at Tallyn's Reach campus



Teens - Virtual Game Nights / Cupcake Decorating / Improv Class - Central & Mission Viejo campuses



Are you or is someone you know searching for a job?

Denver Career Fair

https://www.eventbrite.sg/e/denver-job-fair-february-3-2022-denver-career-fair-tickets-219414754437?aff=ebdssbdestsearch&keep_tld=1

Thu February 3, 2022 11:00 AM - 2:00 PM

Location: Embassy Suites by Hilton Denver Central Park 4444 Havana Street Denver, CO 80239

Colorado's platform 'I Matter'

I Matter.

www.imattercolorado.org

The purpose of *I Matter* is to promote youth emotional and mental health and to provide free therapy for kids. Parents, if you feel your child is struggling and needs help, you are in the right place to talk to a mental health professional for free. Seeking support for your child is not a sign of failure—it's a sign of strength.



Responding to Relationships

Relationship retreats designed to serve those bravely serving others. Retreat series are customized for all emergency response fields and military personnel (both active duty and veteran status welcome).

The next Military Marriage Series and Retreat will be 11 Feb and 18-20 Mar at the Hyatt Regency Aurora Denver Conference Center. This is a **FREE** event to all military and first responder couples and includes hotel accommodations, most meals and childcare (\$2.2K value/couple).

<https://www.myrelationshipcenter.org/responding-to-relationships>

All youth in Denver can get a MY Denver Card for free access to pools, libraries, and museums



The **MY Denver Card** allows *all school-age children living or attending school in the City and County of Denver* free access to all Denver Recreation Centers. The card also can be used as their Denver Public Library card and provides great benefits at many Denver cultural venues. <https://www.denvergov.org/Government/Agencies-Departments-Offices/Agencies-Departments-Offices-Directory/Office-of-Childrens-Affairs/ProgramsInitiatives/MYDenverCard>

February Outdoor Rec Adventures:

FALL IN LOVE WITH ADVENTURE!

SNOW SHOE EMERALD LAKE

FEBRUARY 5TH | 8 AM | COST: \$15

R4R - INTRO TO ICE CLIMBING

FEBRUARY 6TH | 7 AM | COST: \$90 | *R4R: \$40

R4R - SHARK CAGE EXPERIENCE

FEBRUARY 12TH | 8:30 AM | COST: \$150 | *R4R: \$50

R4R - SWIM WITH THE FISH

FEBRUARY 13TH | 9:30 AM | COST: \$85 | *R4R: \$40

SKI & SNOWBOARD WAXING LESSON

FEBRUARY 15TH | 4:30 PM | COST: \$40

ICE FISHING AT EVERGREEN LAKE, CO

FEBRUARY 19TH | 8 AM | COST: \$40

SPIKE HIKE GEM LAKE

FEBRUARY 20TH | 8:30 AM | COST: \$12

R4R-SNOWMOBILING AND SNOW TUBING

FEBRUARY 27TH | 9 AM | COST: \$250 | *R4R: \$50

Trip dates, times & cost are subject to change without notice.

R4R eligibility: Active Duty, Guard or Reserve members stationed at Buckley SFB or servicing MPF, to include their dependents. Retirees, civilians, and foreign military are not eligible for R4R. Single Service Members may bring one guest at the discounted rate.



Open Monday, Tuesday, Thursday & Friday: 9AM-5:30PM

Closed Wednesdays, Weekends & Federal Holidays

720-847-6100

f Follow us @BuckleyOutdoorRec



FSS HOURS OF OPERATION

President's Day

ACTIVITY	FRI, 18 FEB	MON, 21 FEB
A-BASIN CDC	OPEN 6:15 AM-5:45 PM	CLOSED
AIRMEN & FAMILY READINESS CENTER	CLOSED	CLOSED
CAREER ADVISOR	CLOSED	CLOSED
CIVILIAN PERSONNEL OFFICE	CLOSED	CLOSED
PANTHER CAFÉ	CLOSED	CLOSED
CRESTED BUTTE CDC	OPEN 6:15 AM-5:45 PM	CLOSED
EDUCATION OFFICE	CLOSED	CLOSED
FITNESS CENTER	OPEN 7AM-1PM	OPEN 7AM-1PM
HONOR GUARD	OPEN 24/7 for Military Funeral Honors	OPEN 24/7 for Military Funeral Honors
INSTALLATION PERSONNEL READINESS	CLOSED	CLOSED
LDC EVENT CENTER	CLOSED	CLOSED
LODGING	OPEN 24/7 <small>*Accepting Space-A reservations</small>	OPEN 24/7 <small>*Accepting Space-A reservations</small>
MARKETING	CLOSED	CLOSED
MILITARY PERSONNEL FLIGHT	CLOSED	CLOSED
MANPOWER	CLOSED	CLOSED
NAF HUMAN RESOURCES CENTER	CLOSED	CLOSED
OFFICIAL MAIL CENTER	CLOSED	CLOSED
OUTDOOR RECREATION & ITT	OPEN 9:00 AM-3:00 PM	CLOSED
RICKENBACKERS	CLOSED	CLOSED
SCHOOL-AGE PROGRAM	CLOSED	CLOSED
NAF CASH CAGE	OPEN 8-11:30AM	CLOSED
YOUTH CENTER	CLOSED	CLOSED



LIMITED SERVICES AND FACILITIES
OPEN DUE TO COVID-19

MilTax

FREE TAX SERVICES

This tax season, start with MilTax from Military OneSource and the Department of Defense. MilTax free tax services include tax prep and e-filing software and personalized support that address the realities of military life – deployments, combat and training pay, housing and rentals, multistate filings, living OCONUS and more.

Connect With Military Tax Consultants

Have a question in the meantime? MilTax consultants are specially trained to help with unique tax situations specific to service members and their families. Reach out 24/7 to schedule a consultation. Call 800-342-9647 for FREE consultation.

<https://www.militaryonesource.mil/financial-legal/tax-resource-center/miltax-military-tax-services/>



AFT WELCOMES ALL NEWLY ELIGIBLE VETERANS! [CLICK HERE TO FIND OUT MORE](#)

American Forces TravelSM

Book great military discounts on hotels, flights, cars, packages, cruises, and more.

HOTELS CARS FLIGHTS PACKAGES CRUISES

The only official MWR travel site
Save up to 60% off hotels

supported by **priceline**

Enter a City or Airport

Check in Check out

1 Room 2 Guests **Search**

Hotel Benefits

- ✓ Savings up to **60% off**
- ✓ Military **discounts** on hotels
- ✓ Over **1.2 million** properties
- ✓ Support your **MWR** programs

1,000,000+ Hotels
We have 76,541+ destinations

Unbiased Reviews
Real reviews from real guests

Exclusive Discounts
Exclusive discounts and amenities for military families

24/7 Support
24/7 military traveler support



BLUE STAR FAMILIES

<https://bluestarfam.org/>

BOLL & BRANCH

LEGACY
magazine

 SPIRITUNE

 headspace

CARIBU

THRIVE
- MARKET -

TINKERGARTEN

 SESAME
WORKSHOP

 BLUE STAR DEALS
Powered by LifeMart


BOYS & GIRLS CLUBS
OF AMERICA

 SPIRITUNE

The Spiritune app designs, creates, and delivers scientifically-informed music solutions to help manage emotional health using the principles of music therapy. Download the app for FREE (a \$299 value) today, which is currently available to iOS users in the App Store (coming soon to Android users!).

<https://www.spiritune.com/sign-up?partner=bluestarfamilies>

 headspace

Headspace is a meditation and mindfulness app that helps you live a healthier, happier, more well-rested life. Membership, valued at \$95.88, is FREE to you.

<https://work.headspace.com/bluestarfamilies/member-enroll>



No matter if your family is navigating a PCS or deployment, you can continue to share story time with loved ones near or far. Enjoy books focused on military children in the Caribu app's dedicated Blue Star Families category.



Read at home with Mom. Read from afar with Grandma. ❤️

<https://www.tfaforms.com/4669751>

Register or sign in | Welcome



BLUE STAR DEALS
Powered by LifeMart



LifeMart
Member Discount Program

Child Care
Grocery Coupons
New Deals
TurboTax
Car Buying
Refinance

What can we help you find?



My Favorites

FLOWERS & GIFTS
WELLNESS
TRAVEL
CAR RENTALS
HOME
AUTO
CHILD CARE
ELECTRONICS
MORE

\$25 Enrollment Fee Waived January & February For Standard Fitness Centers! >

Save 15% On Magenta MAX & Get Premium UNLIMITED Talk, Text & Data! >

Save Up to 10% On Child Care Centers Near You! >

Up To 60% Off



Up To 25% Off



Up To 60% Off



Up To \$80 Off



Save 15%



Free Quote



Preferred Pricing



Up To 30% Off



Up To 52% Off



Exclusive Savings



iPhone 13 Pro Deal



Buy & Save \$1,440



Up To 70% Off



Exclusive Offer



50% Off



\$110 Off



\$25/Month Enrollment



15% Off Flowers



65% Off



Up To 15% Off



Shop Online



No Dealership Fees



\$115 Off



\$1,000 Off



Up To \$20 Off



Up To 50% Off



Up To 30% Off



Buy 3 Days, Get 2 Free



10% Off



\$2 Magazine Deal



25% Off 6 Months



50% Off



Free 14 Day Trial



Up To 12% Off*



Up To 50% Off Gyms



\$1,000 Rebate



Tuition Savings



50% Off Membership



35% Off



Save \$2,500



MILITARY ONESOURCE

BENEFITS FOR SPOUSES

<https://www.militaryonesource.mil/education-employment/for-spouses/for-spouses-benefits/>

Military services education assistance programs

Scholarship programs

Veterans Affairs programs

Other financial aid

Military Spouse Preference program

Resources for transferring professional licenses

Girls Athletic Leadership Schools (GALS)



GALS Middle School offers all prospective students the opportunity to spend time at our campuses during the school day.

Shadowing students will attend classes with an intimate cohort of other shadows and get an inside look at student life at GALS.

Shadowing for the Middle School is available on most Mondays, Tuesdays and some Fridays from 8:00am - 12:15 pm, from November - February. Space is limited and available on a first come, first served basis.

Parents interested in a tour or learning more should register for an individual tour or attend an in-person Info Session. Details can be found at www.galsdenver.org/enroll



Low-Sensory Evening at Children's Museum of Denver



April 20, 4:30 pm - 7:30 pm

During low-sensory evenings, attendance is limited and the ambient noise in the Museum is turned down to offer a comfortable space for children with disabilities to explore the Museum and play with their families. Admission is free for families of children with disabilities, and reservations are now open! Please email SarahM@cmdenver.org to reserve your space. <https://www.mychildsmuseum.org/low-sensory-evenings>



YOUNG EAGLES
 *** FLIGHT EXPERIENCE ***
 FOR AGES 8-17

→→ **WHERE:** Exploration of Flight | **WHEN:** 3rd Saturday each month | **WHO:** 8-17 years old | **COST:** Free! ←←

WINGS OVER THE ROCKIES
 EXPLORATION
 FLIGHT

February 5 @ 9:30 AM - 11:00 AM

Visit Wings Over the Rockies Exploration of Flight on the 3rd Saturday of every month for an EAA Young Eagles Rally! Kids ages 8-17 can receive a free flight with an FAA certificated pilot. Flights will take off from Exploration of Flight, located on the south side of Centennial Airport. Flights will take place at 7:45 a.m. and 9:00 a.m.

<https://56000.blackbaudhosting.com/56000/Exploration-of-Flight-Time-Tickets-Admission-05Feb2022>



<https://ccdenvver.org/marisol-family/>

Marisol Family (formerly Gabriel House Project) is a network of parishes and volunteer teams run by Catholic Charities that provide basic material assistance to families with young children throughout Colorado. This includes diapers, wipes, formula, other baby supplies, children's clothing, and referrals for other forms of assistance where needed. We welcome people of all backgrounds and serve all with respect and dignity regardless of race, color, age, disability, religion, national origin, ethnicity, gender, gender identity, marital status, national origin, or sexual orientation. No IDs, proofs of income, or any other documents are required to receive service. No appointments are required -- come see us during the hours posted on our website to access services. We look forward to seeing you! If you are a case worker picking up on behalf of more than one client family, please call the office ahead of time.

Do you have questions about which healthcare or food assistance benefits you may qualify for?

<https://www.benefitsinaction.org/>

Benefits in Action (BIA) is a nonprofit organization dedicated to the understanding, access, and utilization of healthcare benefits. Located in Lakewood and serving all of Colorado, BIA aims to make healthcare and SNAP more accessible by providing education and navigation services, as well as application assistance. Unsure which benefits you qualify for? Need help understanding and applying for Medicare, Medicaid, or food assistance (SNAP)? BIA is here to help—free of charge! If you need assistance, contact us at (720) 221-8354.

Teens and Adults in Douglas County Can Volunteer at the Libraries

If you or your teen need community service hours, new skills, or simply a way to contribute, consider volunteering with the Douglas County Libraries:

<https://www.dcl.org/volunteer/>

Free Self-Help Legal Clinic in Aurora - Virtual

First Tuesday of the month in the afternoon

A free legal clinic for parties who have no attorney, via computer link. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for the legal issues in the areas of family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits and civil protection

orders. <http://engagedpatrons.org/EventsRegister.cfm?SiteID=3864&BranchID=1000000437&Branch=Central%20Library&EventID=426213&PK=687352> or contact svanhob@auroragov.org with questions.

JeffCo Libraries Free Legal Clinic

First Thursday of the month

Navigating a legal problem is tricky. If you don't have an attorney, but need a little advice, this free legal self-help clinic can help. Volunteer lawyers are available via phone and video conference to answer questions, help fill out forms and explain the process and procedures for all areas of civil litigation, including family law, property law, probate law, landlord-tenant law and much more. Register early because clinics are offered on a first-registered, first-served basis.

<https://jeffcolibrary.bibliocommons.com/events/60e33f6fea3c4830000c0313>

Virtually Meet with a Family Law Attorney For Free

Third Tuesday of the month, 5:30-7pm

Open to anyone in the Denver metro area

DHS Family Law Open Forum is Back ... Virtually! DHS Family Law holds monthly, free legal clinics to help you navigate the whys and hows of going to court. This information is presented in a group setting, not a one-on-one consultation. This is not legal representation, but a free information resource. At each virtual legal clinic an attorney provides information and advice on child support, parenting time, custody, contempt citations (family law only), and other family law/court issues you may have. The meeting is held monthly on the third Tuesday of each month and is presented virtually on the Microsoft Teams platform.

HOW: <https://www.eventbrite.com/e/family-law-open-forum-tickets-150823857217> sign up and you will be sent a link prior to the scheduled meeting time.

WHO: Open to anyone in the Denver metro area.

Depression and Caregiving

Many people with symptoms of depression don't describe themselves as feeling depressed. Some people don't recognize the symptoms in themselves, while others may have a hard time admitting they feel depressed. An individual may feel like a failure or that people will judge them. But here's what you need to know: for caregivers, depression is more common than you might think, and it's a normal response to a difficult situation.

Depression and Caregiving: <https://www.caregiver.org/resource/depression-and-caregiving/>
Caregiver Relaxation Exercises: <https://www.caregiver.org/resource/caregiver-relaxation-exercises-series-english/?via=caregiver-resources,caring-for-yourself,relaxation-and-meditation>

Free Access to Museums, Parks, and Cultural Sites with Library Memberships

Most families can access free passes to museums, parks, and cultural sites through their local libraries! Find out how to apply for your pass by clicking the links below:

Douglas County: <https://www.dcl.org/adventure-pass/>

Denver County: <https://www.denverlibrary.org/museum-passes>

Arapahoe County: <https://arapahoelibraries.org/explore-colorado/>

City of Westminster: <https://www.cityofwestminster.us/adventurepass>

Lafayette: <https://lafayetteco.gov/2192/Museum-Passes>

Jefferson County: [Culture Pass](#)

Broomfield: <https://www.broomfield.org/2432/Experience-Pass>

Poudre River Public Library: <https://www.poudrelibraries.org/things/curiosity>

Pikes Peak Library District: <https://ppld.org/culturepass>

Free and \$1 Entrance to Museums and Parks with SNAP EBT Card

If your household receives SNAP benefits (food assistance), you can show your EBT card and receive discounted entrance to a variety of museums and parks! Participating locations are subject to change without notice. We encourage you to contact the museum or cultural center you plan to visit before heading out.

Current partners offering \$1 admission include:

Denver Museum of Nature and Science - \$1 admission for up to 10 people per visit

<https://www.dmns.org/>

Clyfford Still Museum, <https://clyffordstillmuseum.org/>

Butterfly Pavilion - discount is \$2 per person <https://butterflies.org/>

Children's Museum of Denver at Marsico Campus <https://www.mychildsmuseum.org/>

Denver Art Museum - kids under 18 always free <https://denverartmuseum.org/>

Museum of Contemporary Art Denver - free for SNAP recipients, healthcare workers, and kids under 18 <https://mcadenver.org/visit>

Denver Botanic Gardens - York Street <https://www.botanicgardens.org/york-street>

and Chatfield Farms <https://www.botanicgardens.org/chatfield-farms> (admission is \$1 per car at Chatfield)

Wings Over the Rockies <https://wingsmuseum.org/>

Free Admission Days for All Households (Regardless of Income)

September 25: **All National Parks!** <https://www.nps.gov/planyourvisit/fee-free-parks.htm>

Second Friday of the month: **Four Mile Historic Park** <https://www.fourmilepark.org/>

September 10: **Clyfford Still Art Museum** <https://clyffordstillmuseum.org/plan-your-visit/free->

[days/](#)

September 20: **Denver Museum of Nature and Science**

Second Saturday of the month: **Longmont Museum** [Second Saturday Free Day](#)

First Friday of the month: **Museo de las Americas** <https://do303.com/venues/museo-de-las-americas>

Always free: [Aurora History Museum](#), [Hudson Gardens](#), [Museum of Outdoor Arts](#), [Broomfield Veterans Museum](#)

History Colorado Center ALWAYS FREE for MILITARY

<https://www.historycolorado.org/history-colorado-center>

\$10 Annual Membership to WOW! Children's Museum in Lafayette

<https://wowchildrensmuseum.org/become-a-member/>

WOW!'s [Play for All Initiative](#) supports families in financial need by providing a discounted membership. Families who are receiving some form of public income-related assistance such as food assistance (SNAP), WIC, free or reduced school lunch, Section 8 housing, TANF, or Medicaid/CHP+ qualify for a Play for All membership. To apply, visit our Front Desk and present qualifying documentation from the organization or government office your family is receiving support from.

110 N. Harrison Avenue, Lafayette, CO 80026, [303-604-2424](tel:303-604-2424)



Looking for a way to give back to the community?

If you would like to volunteer your time or donate to worthy causes, check out <https://helpcoloradonow.org/>. Opportunities include delivering food or medical supplies, giving blood, helping homebound people with daily tasks, supporting local restaurants,

donating directly to organizations working to mitigate the effects of COVID-19, and many more.

Food Resources Throughout The Denver Area



Do you need help feeding your family?

To locate food resources in your area, visit the [Food Bank of the Rockies website](https://www.foodbankrockies.org/) at <https://www.foodbankrockies.org/>. To learn about food resources over the phone, call the Hunger Free Colorado Hotline at [855-855-4646](tel:855-855-4646) (bilingual English and Spanish).

Food Pantries at Mile High Stadium & Denver Human Services East Office

3rd Friday of the month, 9am until the food is gone

Denver Human Services East Office, 3815 Steele St, Denver, CO 80205

4th Monday of the month, 9am until the food is gone

Visit website for location

- Eligibility is self-declared; you do not need to provide any proof of eligibility (photo IDs are encouraged but not required)
- We recently moved to a paperless process to better serve attendees and to make the check-in simpler and more efficient. Attendees are invited to self-enroll and create an account with **Link2Feed**. If attendees already have a

client ID from another FBR participating pantry, there is no need to re-register; attendees should bring their number on the day of the distribution. Sign up at newclient.link2feed.com/.

- No access to technology? No problem! Staff will be available on site to assist with creating new accounts on the day of the event. Questions? Reach out to Food Bank of the Rockies at [303-371-9250](tel:303-371-9250) . More information about all FBR food pantries is at foodbankrockies.org/find-food

Aurora: Food Bank of the Rockies 3rd Saturday Distribution

12000 East 47th Ave, Denver, CO 80239

<https://www.foodbankrockies.org/find-food/>

- Third Saturday of the month, 9am-12pm
- Eligibility is self-declared. No proof of income required.
- TEFAP program: families and individuals can pick up shelf-stable items and fresh produce and protein.
- Grocery Boxes for Older Adults (historically known as CSFP) are available for income-eligible adults age 60 years or older. Please bring a photo ID to sign up.
- First time visiting a Food Bank of the Rockies Pantry? Speed up your visit by using Link2Feed. It's as simple as creating a client profile ahead of time at NewClient.Link2Feed.com.

Faith Lutheran Church Food Pantry in Castle Rock

<https://faithcrco.org/announcement/drive-by-food-pantry/>

303 N Ridge Rd, Castle Rock, CO 80104

Drive-thru every Saturday, 11am-2pm

Are you finding yourself in a hard place? If so, there is hope. Faith Lutheran Church wants to stand by your side during this time of hardship through prayer and service. We are providing families in need with a week's worth of groceries every Saturday from 11:00 am – 2:00 pm. To guarantee your groceries, please sign up by filling out the form online here: <https://faithcrco.org/announcement/drive-by-food-pantry/>

FISH Food Bank at Westminster Presbyterian Church

<https://westypres.org/fish-food-bank/>

Mondays, Wednesday, Thursdays 2:45-3:15 & Tuesdays 5:30-6pm

- For families living from Sheridan East to I-25 and from 52nd north to 144th.
- People in need are welcome to come once a month and receive an emergency food supply for 2-3 days.
- Please bring your photo ID with your name and mailing address within the boundaries. If you have moved recently, please bring a utility bill with the mailing address within the boundaries and your name as well as your photo ID.

Immaculate Heart of Mary Food Bank in Northglenn

11426 Pearl St, Northglenn, CO 80233

We are open to anyone in need without restriction (no ID needed) for perishable food items on a first-come, first-served basis. Clients may visit once per week. Food items vary based upon donations, but typically include, bread, sweets, deli items, produce, dairy and occasionally meats or fish. No one is turned away without food.

Monday: 9 AM – 11:30 AM

Wednesday: 9 AM – 11:30 AM

Friday: 9 AM – 11:30 AM

For more information: <https://ihmco.org/ministries/outreach/foodbank/>

Food Pantry in Southeast Denver Open to All

Risen Christ Parish, 3060 S Monaco Pkwy, Denver, CO 80222

Drive-thru and receive a large Food Bank of the Rockies food box the 2nd and 4th Thursday of every month. Distribution begins at 3pm and continues until the food is gone. First-come, first-served. Bring a photo ID and sturdy bags or boxes to transport the food home.

Community Ministry Food Pantry in Southwest Denver

1755 S Zuni St, Denver, CO 80223

The Community Ministry Food Pantry serves residents living in the 80204, 80219, 80223, 80236 and 80227 zip codes. Clients living outside these zip codes may be served one time and will be referred to other agencies in their area. Hours: Monday, Wednesday, and Thursday from 10:00 a.m. - 1:00 p.m., Tuesday from 1:00 - 4:00 p.m., and Wednesday evening 5:30 - 7:00 p.m. *Please arrive 30 minutes prior to closing to receive services.* If you live in the specified zip codes and you have kids 10 and under, you may also be eligible for school supplies. <https://comministry-denver.org/>

Ansar Pantry: Arapahoe & Adams County

16251 E. Colfax Aurora, CO - 80010

(303) 459-2153

Ansar Pantry provides food that should last a family between 3 to 5 days, bus tokens to help get home with your food, and items such as deodorant, toothpaste, soap, toilet paper and other personal hygiene products. Hours: Saturday's 9:30am - 12:00pm. Please bring a picture ID and a piece of mail with your name and street address.

Hope Starts Here Food Bank in Centennial: Saturday Drive Through

20050 E Smoky Hill Rd, Centennial, CO 80015

Saturdays

7:00am until 11:00am

This is the main distribution day which is a drive through. Please ensure you have plenty of cleared out space in your trunk, back hatch or pickup truck bed for our volunteers to place your food. Please arrive on time and wear a mask.

Wednesdays

8:30am until 11:00am

This is a smaller distribution day. You are able to walk through, this is NOT a drive

through. Please wear a mask in order to participate. Arrive AFTER 8:15am or you will be turned away due to children being dropped off at school. Upon arriving you will receive a number for when it is your turn. Please wait in your car until your number is up, then proceed to the line and wait your turn

****Registration before food distribution day is required****

<https://www.hshfoodbank.org/food-distribution/>



DENVER VETERAN FOOD ASSISTANCE

Veterans in need of food support can register now to get approximately 75 lbs. of groceries, at no cost. Volunteers always needed to package and hand out the food.

Denver veteran food assistance is provided monthly to veterans in need by Soldiers' Angels during the Veteran Mobile Food Distribution event. Veterans must register ahead of time to receive support.

2022 Event Information

Soldiers' Angels provides an easy, no-cost way for Denver veterans in-need to receive food assistance. Volunteers pack bags of groceries and load them into cars, pushcarts, or backpacks of registered veterans. This monthly event provides food support to over 200 veterans and their families.

Dates: January 7, February 4, March 4, April 1, May 13, June 10, July 8, August 5, September 2, October 14, November 11, December 9

Location: Elks Lodge, 3690 S. Jason Street, Englewood, CO 80110

To register for future events or inquire about sponsoring, email: [Jackie at jsmith@soldiersangels.org](mailto:jsmith@soldiersangels.org)

Denver Veteran Food Assistance is generously sponsored by [Lockheed Martin](#).

This food pantry event is a drive-through and will follow all local and CDC guidelines to provide the safest possible environment for veterans and volunteers. Veterans do not need to get out of the car. Masks are required at all times by everyone on site.



Soldiers' Angels
VETERAN
FOOD DISTRIBUTION

Soldiers' Angels hosts monthly food distributions in your city to provide veterans in need with food assistance.

Scan the QR code or visit the link below to learn more and register for the next event.



SOLDIERSANGELS.ORG/DENVER

Veterans must register ahead of the event.

 @soldiersanaelsofficial

 @soldiersanaelsofficial

 soldiersanaels.org

