

# Military Sexual Trauma Program

*Healing. Optimism.  
Perseverance. Empowerment.*



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*Creating hope. Saving lives. Healing families.*

2135 Southgate Road  
Colorado Springs, CO 80906  
Phone: 719-633-4114 | Fax: 719-634-7089  
[cedarspringsbhs.com](http://cedarspringsbhs.com)



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Our military sexual trauma program provides a place for Active Duty Female Service Members, or Female Veterans, who suffer from post-traumatic disorder or related disorders that are in need of a place to process their military sexual trauma, build their self-confidence and self-esteem, gain validation and find support.

## **WHO WE SERVE**

Active Duty Female Service Members and Female Veteran survivors of military sexual assault

## **PARTIAL HOSPITALIZATION PROGRAM DETAILS**

- Monday - Friday from 9:00 am to 3:30 pm.
- Clients will be provided with a six-week evidence-based program that can include approaches such as DBT, CPT, PE, WET, EMDR, Warrior Renew and trauma-informed yoga.
- Clients will be provided with group therapy, individual therapy and medication management.
- Clients will have the opportunity to participate in elective classes such as recreational therapy including art and music therapy.
- Active-duty behavioral health case managers will receive weekly treatment updates.

*“According to the Department of Veterans Affairs, one in four women Veterans report they have experienced military sexual trauma when questioned by the Department of Veterans Affairs.”*

**Please call our dedicated Military Liaison for more information at 719-210-0534.**

