



Evolving Paradigms of Mental Health Care with Psychedelic -Assisted Therapies

3.0
NBCC
HOURS

APPROVED

May 24th - 1pm-4pm MT

@Peak Vista Health Center · 1815 Jet Wing Dr
COLORADO SPRINGS

Presented by:
Shannon Hughes, MSW, PhD
& Rob Colbert, MA, PhD, LPC-S



SUMMARY

In this workshop, we articulate the shifting paradigm and practices that characterize psychedelic-assisted therapies and differentiate this form of practice from current approaches to using psychoactive substances in mental health care. We review the ongoing research on the uses, benefits, and safety of ketamine, MDMA, and psilocybin in therapeutic contexts. Finally, we offer an overview of the clinical psychedelic pipeline, what to expect in policy and practice over the next several years, and how interested practitioners can expand their work to include the tools of psychedelic healing.

LEARNING OBJECTIVES

1. Summarize the therapeutic uses, effects, and risks of the most common psychedelic substances, including MDMA, psilocybin, and ketamine.
2. Examine emerging roles and competencies for health and mental health professionals in the psychedelic field.
3. Compare and contrast current and new/emerging models of psychoactive drug use as part of mental health care.



FOR MORE INFORMATION, CONTACT: Eric Gibbs · 719-216-3414 · eric.gibbs@peakviewbh.com

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